

MARKS OF A TRUE CHRISTIAN – *Episode 3: Honor and Humility*



Team Member Name: _____ Date: _____

Game Strategy – It takes great humility to count others better than ourselves - to honor them acknowledging their value and their dignity.

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. St. Augustine said, “What is the essential thing in religion and discipline of Jesus Christ, I shall reply: 1) humility, 2) humility, and 3) humility. Do you believe humility is one of the key pillars, if not the key pillar, in Christian life? Why?
2. While growing up, I was raised in a family and town that was very competitive (sports). Don’t let anyone beat you out. Don’t give others credit. You got to get to the top – no matter what. Do you think that in our society there seems to be a lack of humility? Why do you think that’s so? How do you think we can change that?
3. Jesus was the most humble man that ever walked the face of the earth. Also, in the Gospels, He speaks often of the importance of being humble. List some ways that you might sometimes show a lack of humility. How do you think that you can become more humble?
4. What are some ways that you can honor others? Is this difficult at times for you? What do you think prevents you from giving honor and glory to another person?
5. Who is the most honorable person(s) that you have come across in your life? What makes them special?

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Humility and honor are a decision, not a feeling. Let God's grace work through you.
2. Honor your priest!
3. Who can you honor and lift up this week? Do it.

Complete your **Personal Action Item**. 

Scripture References

Coming Soon!

The CTG Team is working on selecting material for this section.

Coaching Tips

Coming Soon!

The CTG Team is working on selecting material for this section.

Catechism Connection

Coming Soon!

The CTG Team is working on selecting material for this section.

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...