

SHOCKING CLAIMS OF JESUS – *Episode 3: Forgiveness*



Team Member Name: _____ Date: _____

Game Strategy – Every time we pray the Our Father, we ask to be forgiven as we forgive others. Do we realize what we're asking here?

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. What does the Scripture passage Matthew 6:14-15 mean to you?
2. Why is Jesus so emphatic about the necessity of forgiving others?
3. Can you share a time in your life when you forgave someone who really wronged you? What was their reaction? How did you feel afterwards?
4. Is there a past or current occasion when you could not or cannot bring yourself to forgive someone? What do you think is preventing you from forgiving them? How can you overcome this situation?
5. Can you share a time when you asked for someone else's forgiveness for a wrong that you did to them? How did it work out?
6. Think of how many times in your life that the Lord has forgiven you for your sins. How do you think He would like for you to repay Him? (Colossians 1:13-14)
7. Sometimes our own family members can be the most difficult to forgive. Can you site an occasion when this occurred in your life?

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Forgiveness is a decision.
2. Ask forgiveness from those you have hurt. (Luke 6:38)
3. Don't wait. Take the initiative. Go to your family members and offer your forgiveness and ask for theirs.

Complete your **Personal Action Item**. 

Scripture References

Matthew 6:14-15
Matthew 18:21-22
Luke 6:38
Luke 23:34

Colossians 1:13-14
Colossians 3:13
Ephesians 2:4
Ephesians 4:31-32

Coaching Tips

Definition of forgiveness - the action or process of forgiving or being forgiven; Pardon, absolution, exoneration, remission, clemency, mercy.

We have to first overcome our pride before we can truly forgive.

Forgiveness is the glue that holds us together.

We are to forgive as we have been forgiven. Un-forgiveness is a prison.

The first to apologize is the bravest. The first to forgive is the strongest ... and the happiest.

Catechism Connection

2838 This petition is astonishing. If it consisted only of the first phrase, "And forgive us our trespasses," it might have been included, implicitly, in the first three petitions of the Lord's Prayer, since Christ's sacrifice is "that sins may be forgiven." But, according to the second phrase, our petition will not be heard unless we have first met a strict requirement. Our petition looks to the future, but our response must come first, for the two parts are joined by the single word "as."

2840 Now—and this is daunting—this outpouring of mercy cannot penetrate our hearts as long as we have not forgiven those who have trespassed against us. Love, like the Body of Christ, is indivisible; we cannot love the God we cannot see if we do not love the brother or sister we do see. In refusing to forgive our brothers and sisters, our hearts are closed and their hardness makes them impervious to the Father's merciful love; but in confessing our sins, our hearts are opened to his grace.

2841 This petition is so important that it is the only one to which the Lord returns and which he develops explicitly in the Sermon on the Mount. This crucial requirement of the covenant mystery is impossible for man. But "with God all things are possible."

See Also: **2839, 2842-2845, 2862**

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...