

## JESUS SAID – *Episode 6: The Narrow Way*



Team Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Game Strategy** – Troubled by his radical teaching, many disciples no longer followed Jesus and returned to their former way of life. Jesus asks, “Will you also go away?”

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

### **Pregame Film Study**

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

**Huddle Up** – Use these questions for personal reflection to share with your team at the workout.

### **Warm-up Questions:**

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

### **Workout Questions:**

1. Read John 6:60-69. What do these powerful words of Jesus mean to you?
2. Today, many Catholics are turning away from the faith because they do not want to adhere to some of the difficult teachings of Jesus Christ and His Catholic Church, such as, abortion, same sex marriage, and contraception just to name a few. As a practicing Catholic, do you believe you should follow all of the teachings of the Church concerning Faith and Morals? Or do you believe we should be able to pick and choose? Why?
3. Take time to compare your answers to the above questions to Christ’s teachings in Scripture and the Catechism of the Catholic Church to find out where you stand.
4. The influence of the world (including the secular media, work, community, friends) are felt all the time. How are these things influencing you? How can you avoid being influenced by these things? Read John 8:42-47, Romans 12:1-2 and 2 Timothy 4:3-5 for some insight.
5. What do you think caused many of the disciples to leave the Lord when He gave them some difficult teachings? What do you think is influencing many Catholics today to leave the Church?

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**Team Workout Plan** - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

**Postgame Recap** - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Give everything over to the Lord! Take it to the Lord.
2. Recognize that the decisions in our life are a reflection of our loyalty to Jesus Christ.
3. Figure out in your life what teachings of the Church you struggle with.

Complete your **Personal Action Item**. 

### **Scripture References**

Matthew 7:13-14  
John 6:53-59  
John 6:60-69

Romans 12:1-2  
2 Timothy 4:3-5  
John 8:42-47

### **Coaching Tips**

“If you wish to imitate the multitude, then you shall not be among the few who shall enter in by the narrow gate.”  
~ *St. Augustine (354-430 AD)*

“I exhort you, therefore, not to faint in your afflictions, but to be revived by God’s love, and to add daily to your zeal, knowing that in you ought to be preserved that remnant of true religion which the Lord will find when He comes on the earth. Even if bishops are driven from their Churches, be not dismayed. If traitors have arisen from among the very clergy themselves, let not this undermine your confidence in God. We are saved not by names, but by mind and purpose, and genuine love toward our Creator. Bethink you how in the attack against our Lord, high priests and scribes and elders devised the plot, and how few of the people were found really receiving the word. Remember that it is not the multitude who are being saved, but the elect of God. Be not then affrighted at the great multitude of the people who are carried hither and thither by winds, like the waters of the sea. If but one be saved, like Lot at Sodom, he ought to abide in right judgment, keeping his hope in Christ unshaken, for the Lord will not forsake His holy ones.” ~ *St. Basil the Great (330-379 AD)*

### **Catechism Connection**

**853** On her pilgrimage, the Church has also experience the “discrepancy existing between the message she proclaims and the human weakness of those to whom the Gospel has been entrusted.” Only by taking the “way of penance and renewal,” the “narrow way of the cross,” can the People of God extend Christ’s reign. For “just as Christ carried out the work of redemption in poverty and oppression, so the Church is called to follow the same path if she is to communicate the fruits of salvation to men.”

**1344** Thus from celebration to celebration, as they proclaim the Paschal mystery of Jesus “until he comes,” the pilgrim People of God advances, “following the narrow way of the cross,” toward the heavenly banquet, when all the elect will be seated at the table of the kingdom.

See Also: **1036**

### **Personal Action Item**

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

*I commit to becoming spiritually fit by...*